



A nutritious lunch does more than fill a child's stomach—it motivates them to come to school every day

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Our greatest joy is seeing the children enjoy nutritious meals, grow healthy, and wake up excited to come to school every single day.

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Mrs. Malaithong, Volunteer Teacher and Assistant Cook at Dindak Village Kindergarten, Toumlan District, Salavan Province.

Each day, the cooking team rotates to prepare a variety of nutritious meals, such as clear soups, stir-fried mixed vegetables, fried rice, and noodle soup (Khao Piak), accompanied by fresh fruit.

The ingredients, most of them vegetables, come from the school garden and contributions from community members, showing that caring for children's food and nutrition is a shared responsibility



“Building upon the cooking training we received, we share each recipe with the parents so they can prepare nutritious meals for their children at home on days when they don't attend school.”

To ensure the long-term sustainability of our school lunch program, we cultivate vegetables year-round using greenhouse farming, alongside local farming and livestock efforts. The community actively contributes by growing fresh vegetables and supplying them to the school for daily meal preparation.

Supported by:

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